Cookie Policy

Controller: Armand Thanasi

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Contact: armand@armandthanasi.com

Last updated: 18 November 2026

1. Scope

This policy covers armandthanasi.com in Italian and English, including the ebook request and download pages and the legal documents page at armandthanasi.com/en/legal-documents/.

2. What cookies are

Cookies are small text files a website can store in your browser. Technologies such as local storage, identifiers and technical scripts can serve similar purposes. This policy refers to them collectively as tracking technologies.

3. Strictly necessary technologies

The site may use strictly necessary cookies or similar technologies to:

- display pages correctly;
- keep the site secure and stable;
- deliver content through its hosting infrastructure;
- remember technical or privacy preferences;
- prevent duplicate submissions, abuse and automated activity;
- allow the ebook request form and download to work.

These technologies do not require consent when they are essential to provide the service you request. They may last for a session or for the time strictly needed for their purpose.

4. Main website

The site uses WordPress and Elementor. When you choose a language, the site saves your preference in your browser’s local storage under armand-site-language. It persists between visits. You can clear it by removing the site’s data in your browser settings. Some pages load typefaces from Google Fonts. Your browser sends Google your IP address and technical request information to download the fonts.

As of the date of this policy, no intentional use by the controller of first-party cookies for advertising profiling was identified on the home page.

5. Ebook request and download

The form, download page and thank-you page are on armandthanasi.com. The legal documents page and its three PDF documents are also hosted on the same site.

The server sends your name and email address to Google Forms to record your request with its date and time. A temporary server-side counter limits repeated submissions for 15 minutes.

6. External content and services

The home page embeds YouTube videos using youtube-nocookie.com. The one-to-one programme page uses the Wistia player. Loading a player may connect your browser to the provider as soon as you visit the page. When you play a video, the provider may access browser storage or collect information about playback.

External links, including links to Spotify, Amazon, Udemy, Google Forms and WhatsApp, open the service you select. That service’s settings and policies govern cookies on its pages.

7. Analytics and advertising cookies

Any non-essential analytics tools, advertising tools or profiling technologies will be used only after appropriate information has been provided and consent obtained where required. You will be able to decline or change your choice as easily as you made it.

8. Managing cookies in your browser

You can delete or block cookies in your browser settings. Blocking technical cookies may prevent parts of the site from working properly.

You can usually find instructions in the privacy or security settings of browsers such as Chrome, Firefox, Edge and Safari.

9. Updates and contact

The technologies listed here may change when the site is updated. The current version of this policy is published on the legal documents page.

For questions, email armand@armandthanasi.com. For more about how your personal data is processed, see the Privacy Policy.